



JoyRide COVID-19 Infection Control Plan for Outdoor on-Horse Sessions

All

1. If any person, who comes on property, has symptoms of COVID-19 or tests positive for COVID-19, they must inform the Director of Operations (DO). A decision will then be made to either shut down the whole or part of the program immediately for 10 days and possibly longer as per CDC guidelines.
 - Anyone who was on site at the time of possible exposure will be contacted immediately. Advice will be given at that time.
 - If any person who comes on property has been exposed to someone who has COVID-19 symptoms, or who has tested positive for COVID-19, they will be asked to leave the property and stay away for 10 days. If no symptoms occur, or after a negative test on or after day 5, the person may return after 7 days.
 - Site wide thorough cleaning will take place.
2. No one with signs or symptoms should come to the property. Posters will be displayed with signs and symptoms.
3. Any COVID-19 positive persons shall not return to the property until:
 - a. At least 10 days have passed since symptoms first appeared **and**
 - b. At least 24 hours have passed since last fever without the use of fever-reducing medications **and**
 - c. Symptoms (e.g., cough, shortness of breath) have improved.
4. Staff will complete health check screenings with riders and volunteers within 24 hours of the time that they are due to be on property. *If there is no response to the health screening, the riders/families or volunteer will not be allowed on property.*
5. Upon arrival and departure, everyone will wash their hands at a hand washing station following CDC guidelines.
6. Everyone will be required to wear a mask, unless there is a medical reason not to.
7. Appropriate social distancing will be managed and maintained according to CDC guidelines.
8. During outdoor riding sessions, no one will enter the building with the exception of the outside bathroom unless authorized by a staff member.

Rider Screening

1. A customized Risk Benefit Assessment will be completed for each *new* rider prior to acceptance into the semester program. This assessment will also include a copy of the JoyRide COVID-19 Infection Control Policies for Indoor and Outdoor sessions. This form will be signed by the family and the Horsemanship Program Manager or Physical Therapist. **A Risk Benefit Assessment may indicate specific considerations. These will be set on a case by case basis.**
 - a. A Risk Benefit Assessment determining significantly greater exposure risk **to the rider**, particularly one with respiratory or immune issues, could result in families being asked to get an additional doctor release. An alternate option to riding may be explored.
 - b. A Risk Benefit Assessment determining that the rider would be a greater exposure **risk to others**, albeit inadvertently, could require additional PPE for the rider. For instance, a rider who sneezes a lot would be required to wear a mask.

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Riders/ Families

1. *Families should bring the minimum number of people needed to care for the rider to help limit the number of people on site. Ideally this will be one carer per rider.*
2. *All family members will be required to wear masks where possible. For those that are unable will have documentation through their risk benefit assessment prior to being accepted in the program.*
3. *All riders will have their own helmets.* Riders will bring their own clean reins with input from instructors for rein selection. Families will bring their own simple folding chairs, without the bag. JoyRide reserves the right to refuse a chair due to safety concerns for the horses. JoyRide picnic tables and chairs will be removed.
4. *Riders will wait in cars* until a volunteer/instructor comes to get them at the start of a session. The rider families can go to the pony porch which will be designated into 2 separate areas to help in maintaining social distancing.
5. *Cars should not be kept running in parking lot.* The fumes and loud audio systems cause problems for our horses and disrupt sessions.
6. *Families will be asked to leave promptly after class* to allow for disinfecting and to limit the number of people on site.

Volunteers

1. In order to keep volunteers engaged and to maximize volunteer retention, we may need to limit volunteers to less sessions. Thus, maintaining a small number of people on site but maximizing number of people engaged in the program.
2. *Volunteers will wear face masks* the entire time they are on property.
3. *Volunteers will be required to bring their own masks.* A limited emergency supply will be available on site.
4. *Volunteers may wear disposable gloves if they wish.* CDC handwashing protocol is still required prior to donning gloves and after removal. Gloves should be disposed of in proper bin after use.
5. *Volunteers will be trained* in proper face mask & glove use, hand washing techniques, and signs/symptoms of COVID-19.
6. *Volunteers on arrival and departure will wash hands.* Horse handlers will be getting horses. Sidewalkers will wait at their designated waiting spots. Volunteers can bring a simple folding chair, without the bag. JoyRide reserves the right to refuse a chair due to safety concerns for the horses.

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Staff

1. Instructors will each have an infection control apron. The apron will contain supplies to mitigate contamination by bodily fluids including properly folded masks, sanitizer, tissues, Ziploc bags (for soiled tissues), and gloves.
 - Gloves will be worn with riders who are drooling, hands in mouth/nose, any other instance where they are considered needed. They will also be given to volunteers to wear.
 - Aprons will be machine washed.
2. Instructors will wear their masks during mounting and whenever within proximity of others, but may remove and store mask according to CDC infection control guidelines when further away for clear communication.
3. Staff and instructors have been trained on COVID-19 symptoms, Handwashing, Eye and Face Safety, Personal Protective Equipment use, Bloodborne Pathogens, and Safe Biohazard Disposal.
4. Biohazard procedures are in place.
5. Staff will instruct/guide all volunteers, riders, and families for proper social distancing.

Programming

1. There will be a maximum of 2 riders, 2 horse handlers, 2 sidewalkers and 2 instructors at one time. The 2 riders can be in a class together or 2 separate classes.
2. Anything that gets attached to saddles will be thoroughly cleaned upon removal.
3. Only toys and therapy aids that are easily cleanable or disposable can be used within a lesson. All items will be cleaned or disposed of at the end of each lesson.
4. Every other cross tie will be used. Use middle stall as tack stall for clean tack to be used in the morning sessions. Dirty tack will be placed for cleaning behind ramp.

Facility

1. Gate latches, cross tie snaps, hose ends, doorknobs, light switches, ramp rail, & scrapers will be cleaned regularly throughout the day per CDC guidelines.
2. There will be pedal trash bins provided. Any biohazard will be disposed of in a double bag, according to CDC guidelines, and placed in street trash cans 2x a day (after morning and night classes)
3. There will be signs such as "Elbow" on light switches, signs on handwashing by faucets etc.
4. Cleaning will follow the CDC recommendations.

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Tack

- 1) Middle cross tie area will be used to set out clean tack by staff.
- 2) We will have designated cleaning volunteers.
- 3) All cleaning will follow CDC guidelines.

Grooming items. They will be cleaned in disinfectant solution following CDC guidelines after use. Use wooden handled tools. Single use per horse.

Reins

Riders buy and bring their own to class. Pre riding skills classes will ride without reins.

Side pulls will only be used with those using reins.

We will use rope, nylon or cotton reins that can be more easily cleaned.

Reins will be cleaned in a disinfectant solution following CDC guidelines, and then dried.

There will be a designated place for dirty tack.

All areas will be clearly posted with signs.

Saddles

Saddles will be cleaned between riders.

There will be "clean/ready to use" saddle racks in middle cross tie.

There will be "waiting to be washed" saddle racks in another area.

All areas will be clearly posted with signs.

Lead ropes and halters

Lead ropes and halters will be cleaned and then hung.

Western saddle pads.

Will put a baby pad between the saddle and the pad. Baby pad to be placed forward to protect from rider sneezing on the pad. The baby pads will be used once and laundered.

English pads

Will be washed after each use.

Side pulls and Girths

Will be cleaned after each use.

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