



## JoyRide COVID-19 Infection Control Measures for Indoor Sessions

### All

1. If any person, who comes on property, has symptoms of COVID-19 or tests positive for COVID-19, they must inform the Director of Operations (DO). A decision will then be made to either shut down the whole or part of the program immediately for 10 days and possibly longer as per CDC guidelines.
  - Anyone who was on site at the time of possible exposure will be contacted immediately. Advice will be given at that time.
  - If any person who comes on property has been exposed to someone who has COVID-19 symptoms, or who has tested positive for COVID-19, they will be asked to leave the property and stay away for 10 days. If no symptoms occur, or after a negative test on or after day 5, the person may return after 7 days.
  - Site wide thorough cleaning will take place.
2. No one with signs or symptoms should come to the property. Posters will be displayed with signs and symptoms.
3. Any COVID-19 positive persons shall not return to the property until:
  - a. At least 10 days have passed since symptoms first appeared **and**
  - b. At least 24 hours have passed since last fever without the use of fever-reducing medications **and**
  - c. Symptoms (e.g., cough, shortness of breath) have improved.
4. Staff will complete health check screenings with riders and volunteers within 24 hours of the time that they are due to be on property. *If there is no response to the health screening, the riders/families or volunteer will not be allowed on property.*
5. Upon arrival and departure, everyone will wash their hands at a hand washing station following CDC guidelines.
6. Appropriate social distancing will be managed and maintained according to CDC guidelines.

### Rider Screening

1. A customized Risk Benefit Assessment will be completed for each new rider prior to acceptance into the semester program. This assessment will also include a copy of the JoyRide COVID-19 Infection Control Policies for Indoor and Outdoor sessions. This form will be signed by the family and the Horsemanship Program Manager or Physical Therapist. **A Risk Benefit Assessment may indicate specific considerations. These will be set on a case by case basis.**
  - a. A Risk Benefit Assessment determining significantly greater exposure risk **to the rider**, particularly one with respiratory or immune issues, could result in families being asked to get an additional doctor release. An alternate option to riding may be explored.
  - b. A Risk Benefit Assessment determining that the rider would be a greater exposure **risk to others**, albeit inadvertently, could require additional PPE for the rider. For instance, a rider who sneezes a lot would be required to wear a mask.

*The mission of JoyRide is to help people with different abilities find more joy in life through equine-assisted services and physical therapy, along with functional/life skills education.*

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*Rev 01/28/2021*



### **Families/Riders**

1. *Rider families may wash hands and enter building at the allotted lesson time.*
2. *Rider families will be asked to sit in a designated area while their rider is participating. This safeguard insures proper social distancing and cleaning protocols are followed.*
3. *Families should bring the minimum number of people needed to care for the rider to help limit the number of people on site. Ideally this will be one carer per rider.*
4. *All family members, volunteers and all staff members will be required to wear masks where possible. Those that are unable will have documentation through their risk benefit assessment prior to being accepted in the program.*
5. *The riders will be appropriately distanced from each other throughout the lesson.*
6. *Families will be asked to leave promptly after class to allow for disinfecting and to limit the number of people on site.*

### **Volunteers**

1. *Volunteers will wear face masks the entire time they are on property.*
2. *Volunteers will be required to bring their own masks. A limited emergency supply will be available on site.*
3. *Volunteers may wear disposable gloves if they wish. CDC handwashing protocol is still required prior to donning gloves and after removal. Gloves should be disposed of in proper bin after use.*
4. *Volunteers will be trained in proper face mask & glove use, hand washing techniques, and signs/symptoms of COVID-19.*
5. *Volunteers on arrival will wash hands.*
6. *Volunteers will assist and support riders from the side or back as safety allows, minimizing direct front exposure as much as possible.*

### **Staff**

1. *All staff will wear a mask during the entire indoor session with the client, unless there is a safety consideration not to.*
2. *All staff will assist and support riders from the side or back as safety allows, minimizing direct front exposure as much as possible.*
3. *Staff have been trained in COVID-19 symptoms, Handwashing, Eye and Face Safety, Personal Protective Equipment use, and Bloodborne Pathogens, and Safe Biohazard Disposal.*
4. *Biohazard procedures are in place.*

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### **Programming**

1. There can be 2 indoor sessions running concurrently if they can be appropriately socially distanced.
2. In the Indoor barn area, Instructors/Therapists will keep riders closer to the window or in middle of room, verses on the edge where there is traffic occasionally.
3. Other staff traffic will be minimized during scheduled indoor rider times.
4. All staff will wear masks when indoor lessons are in session.
5. Classes will be set 15 minutes apart to allow for cleaning and also to decrease the number of people on site at one time.
6. Only toys/objects that can be easily cleaned will be used in session. A set of reins may be used 1x a day; they will also be cleaned.
7. Staff will manage arrival and departure of riders to maintain social distancing.

### **Facility**

1. Hard surfaces and objects used will be cleaned between riders and at the end of the day. Bathrooms, Miracolt machines, lesson areas, objects, and volunteer/parent chairs will be cleaned between sessions. All other areas touched by the rider/families will be cleaned per CDC guidelines.
2. There will be pedal trash bins provided. Any biohazard will be disposed of in a double bag, according to CDC guidelines.
3. There will be signs such as "Elbow" on light switches, signs on handwashing by faucets etc.
4. Cleaning chemicals will follow the CDC recommendations.

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